How to Use Atropine Drops for Drooling
A Guide for Individuals and Families

Atropine drops can help manage drooling, which is also called hypersalivation or sialorrhea. Drooling can be a bothersome side effect of some medications, including clozapine.

Atropine drops for drooling should only be used under the guidance and prescription of a healthcare professional. Although sometimes atropine drops are used in the eye, for drooling, atropine drops are given under the tongue.

STEP 1
Review the number of drops and frequency recommended by your prescriber.

STEP 2
Gather supplies.

- Atropine drops
- Water in medicine cup or teaspoon (optional)
- Paper towel / tissue (optional)

STEP 3
Wash your hands thoroughly with soap and water. Use hand sanitizer if soap is not available.

STEP 4 (optional)
It might help if you dry off the area under your tongue using a tissue or paper towel before using the drops.
STEP 5

**Give the atropine drops**
- Tilt your head slightly backward.
- Gently lift your tongue to create a small pocket underneath.
- Hold the atropine bottle in one hand and bring it to your mouth.
- Tilt the bottle and squeeze the prescribed number of drops under your tongue. Be precise and avoid touching the dropper to your mouth.
- If you have trouble seeing what you are doing, try doing this in front of a mirror.
- Wait about 30 seconds to allow the medication to be absorbed.

STEP 6

(optional)

After you allow the atropine to sit for about 30 seconds, it may help to swish a very small amount of water in your mouth to help its absorption. It is typically recommended to swish about 5 mL, no more than a small teaspoon of water. Swish about 5 mL (the amount in a teaspoon) around your mouth and then spit it out.

STEP 7

Finally, put the atropine out of reach of children. Store it in a cool, dry place, away from direct sunlight.

AVOID THESE COMMON MISTAKES
- Do not allow the dropper to touch your mouth to prevent contamination.
- Do not swallow the medication immediately or swish too early. Let it absorb under your tongue.
- Do not use more drops than prescribed by your healthcare provider.

DISCLAIMER
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