Welcome to your quarterly update from SMI Adviser. We continue our commitment to advance evidence-based care for individuals who have serious mental illness (SMI).

Our initiative is in the second quarter of Year 5 of our five-year grant. We have several new initiatives underway to address identified gaps and we continue to expand our footprint of education, resources, and consultations to the field. We are proud to highlight some of the data and recent work from our initiative.

- Key metrics from our initiative to date, which show how SMI Adviser meets people where they are with content and education across our website and mobile apps
- A look at specialized Centers of Excellence on clozapine and long-acting injectables (LAIs) and the resources and guidance they provide to the field
- The recent launch of de novo, downloadable guides for both clinicians and individuals/families on what to expect when someone is arrested or incarcerated

As we partner and consult with more organizations across the mental health landscape, we invite you to join us in our mission to improve care for individuals who have SMI. Use our Partner Action Toolkit to download and share our materials and visit the SMI Adviser website to access our resources. We thank you for your work to help us raise awareness across all communities and practice settings.

Thank you for being an important part of this initiative.

For questions about SMI Adviser, please contact us at SMIAdviser@psych.org. Our team is here to help you.
Evidence-Based Education That Addresses Gaps and High-Interest Topics

As of November 2022, SMI Adviser offers more than 200 free, online courses in its catalog. This content directly addresses gaps in skills and knowledge. It also addresses topics that the field needs updated guidance and perspective to tackle. This method is a hallmark of our approach to education and fuels ongoing participation across all professions in mental health.

Popular New Virtual Learning Collaboratives

These 12-week, interactive courses are an important part of our education portfolio. They are led by SMI Adviser clinical experts and provide hands-on, peer-to-peer skill-building with real-world, practical applications.

In 2022, SMI Adviser launched virtual learning collaboratives on new topics identified as areas of high interest by the field. Hundreds of clinicians across all professions registered for these new courses.

Introduction to Serious Mental Illness

“It was one of the best webinar/virtual learning sessions I’ve participated in over the last decade. I left with useful, practical, information and resources to implement immediately.”

Motivational Interviewing for People with Serious Mental Illness

“Very helpful education. I have zero experience with motivational interviewing and am finding this course to be a valuable experience.”

Applying the Six Principles of Trauma-Informed Care for Treatment Practice with Individuals Living with Chronic Mental Health Conditions

“A good refresher on...how best to connect with individuals you work with to develop the needed relationship that will facilitate growth for the individual and not cause them to disconnect with your service and their goals.”
Evidence-Based Resources for the Field
The SMI Adviser Knowledge Base is a searchable online database of vetted resources. It includes both existing and de novo resources across dozens of topics.

1,110+ Total Resources for Clinicians

Clozapine REMS Program Updates: A Guide for Prescribers and Pharmacists
ACCESS RESOURCE

Suicide and Serious Mental Illness: An Overview of Considerations, Assessment, and Safety Planning
ACCESS RESOURCE

500+ Total Resources for Individuals and Families

Clozapine REMS Program Updates: A Guide for Individuals and Families
ACCESS RESOURCE

An Overview of Treatment Options
ACCESS RESOURCE

Data as of October 2022
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Multiplatform Content Delivery
SMI Adviser continues to meet clinicians where they are across desktop, tablet, and smartphone.

1,650,00+ Total Website Users
23,500+ Downloads for SMI Adviser App
9,700+ Downloads for My Mental Health Crisis Plan

Growth in Consultations to the Field
Over time, more mental health clinicians have added SMI Adviser’s consultation service to the list of modalities they use to find answers. These clinician-to-clinician consultations let our clinical experts provide technical assistance (TA) to the field in a way that resonates. We respond to all consultation requests within one business day and have the bandwidth to engage with practices and health systems for in-depth consultations around systems change.

“Excellent info and very timely. Got back to me in less than 12 hours with all relevant resources. Like an extremely knowledgeable research library with good clinical chops to acknowledge the edges of the data!”

“THANK YOU this is a wonderful idea and tool. I plan to use it often and just downloaded the app.”

“I had a genuine clinical question but was also “testing out” this consult service to see how it worked and what type of information came back. I was very impressed with the quality, detail, and speed of the response. Thanks!”

Submit a Question Now
Visit Our Website
Get SMI Adviser App
Get My Mental Health Crisis Plan
Specialized Guidance in SMI Adviser Centers of Excellence

These two centers provide extensive resources on clozapine and long-acting injectables (LAIs). Guidance around these medications is often complex when it comes to assessment, administration, monitoring, and more. That is why SMI Adviser focuses on both on-demand and live, interactive formats – so clinicians can find the level of guidance they need.

**Education**
Earn CME/NCPD/CE credits and hear experts review important topics and best practices.

**Virtual Forum**
Participate in monthly, peer-to-peer dialogue around timely, hot topics.

**Resources**
Access evidence-based resources to help navigate common challenges and implement best practices.

VISIT THE CLOZAPINE COE  VISIT THE LAI COE

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New Video Series on LAIs
SMI Adviser developed this new series of how-to videos to provide clear, high-quality, evidence-based guidance. The videos instruct clinicians on how to administer LAIs at all FDA-approved injection sites.

WATCH THE VIDEOS
- DELTOID
- VENTRAL GLUTEAL
- DORSAL GLUTEAL
- ABDOMINAL

New Guides on Criminal Justice Involvement
Individuals who have serious mental illness (SMI) are involved in the criminal justice system at higher rates than the general public. Stakeholders in the behavioral health and justice systems collaborate a great deal in an effort to reduce this trend. Yet there are still many complex issues that arise when someone is involved with the criminal justice system. That is why SMI Adviser recently launched guides for both clinicians and individuals/families. The guides help everyone understand how to assist, advocate for, and support individuals throughout the process. They were created in partnership with the National Alliance on Mental Illness (NAMI).
Help Bust the Myths on SMI
There are many myths around SMI and of course they are not always accurate. That is why SMI Adviser recently launched two new infographics that continue our work to set the record straight. They provide evidence-based answers that debunk common myths around character and recovery.

INFOGRAPHIC ON CHARACTER
INFOGRAPHIC ON RECOVERY

Resources on Assisted Outpatient Treatment
A successful AOT program requires close collaboration between the mental health system and civil courts. As more communities implement and sustain AOT programs, best practices emerge to help stakeholders understand the process. That is why SMI Adviser partners with Treatment Advocacy Center (TAC) to facilitate the national expansion of AOT. Both initiatives focus on a recovery-oriented approach to AOT, work to reduce barriers, and promote best practices to help successfully implement AOT programs.

Access our Resource Hub on AOT to find plenty of resources and guidance on this important topic.

VISIT THE AOT RESOURCE HUB
Find Resources You Can Use Now in Our Partner Action Toolkit
If you work in mental health, you know how complex all the issues around SMI can be. Take just one minute right now to access flyers and other materials you can share with your colleagues, staff, family members, and individuals in your care. Help us raise awareness and connect people with guidance that improves care for people who have SMI.

Join our Mission for Better today.
Post on social media and use our hashtag
#MissionForBetter

SAMHSA Partner Spotlight: Center of Excellence for Protected Health Information
This section highlights other programs and resources from the Substance Abuse and Mental Health Services Administration (SAMHSA)

The Center of Excellence for Protected Health Information (also known as CoE-PHI) helps people and organizations understand and apply federal health privacy laws and regulations. This includes training, resources, and technical assistance for health care teams, state agencies, and school-based professionals. It also includes guidance for individuals and families that helps them know what their rights are when they seek and receive treatment for substance use disorders and mental health concerns.