SERIOUS MENTAL ILLNESS (SMI)

WHAT is it? / WHY does it matter? / WHERE can you turn?

There Are Three Mental Health Diagnoses Most Commonly Associated With SMI

- Bipolar Disorder
- Major Depressive Disorder
- Schizophrenia

SMI is common
- 1 in 25 adults has SMI in a given year; that equals 4.2% of the U.S. population age 18 or older, or 10.4 million adults.

Individuals who have SMI face a number of concerns
- An estimated 40% of adults with schizophrenia and 53% with severe bipolar disorder receive no treatment in any one-year period.
- Only 36% have full-time employment.
- Suicide rates are 20-25% higher than the general population.
- 10 million+ visits to emergency departments annually.

SMI Adviser is a FREE resource for EVERYONE

- Mental Health Professionals
- Individuals Receiving Care
- Family Members
- Anyone who has questions about SMI

Our Mission
Advance the use of an evidence-based, person-centered approach to care

Join our #MissionForBetter at SMAdviser.org/better

Better clinical support. Better resources for families. Better care for people who have SMI.

Sources:
1. Center for Behavioral Health Statistics and Quality, 2017
2. National Institute of Mental Health
5. Healthcare Cost and Utilization Project, 2014

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