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An APA and SAMHSA Initiative



Welcome to your quarterly update from SMI Adviser. Read ahead to learn about our latest work to advance evidence-based care for serious mental illness (SMI). New facets of our initiative focus on psychiatric advance directives, assisted outpatient treatment, the intersection of SMI and criminal justice, and more.

In this new year, consider how you can take advantage of SMI Adviser’s FREE education, resources and consultations. Our initiative offers knowledge, skills and tools for mental health clinicians to use when working with individuals who have SMI. Our team of clinical experts can help navigate tough issues across all treatment settings – from small, rural practices to large, urban clinics to multi-site health systems. Ask about how to integrate the use of new assessment tools, how to initiate or combine therapies, where to find resources for families, and much more. SMI Adviser is a reliable way to find evidence-based guidance for working with individuals with SMI.

Thank you for being an important part of this initiative. For questions about SMI Adviser, please contact us at SMIadviser@psych.org. Our team is here to help you.

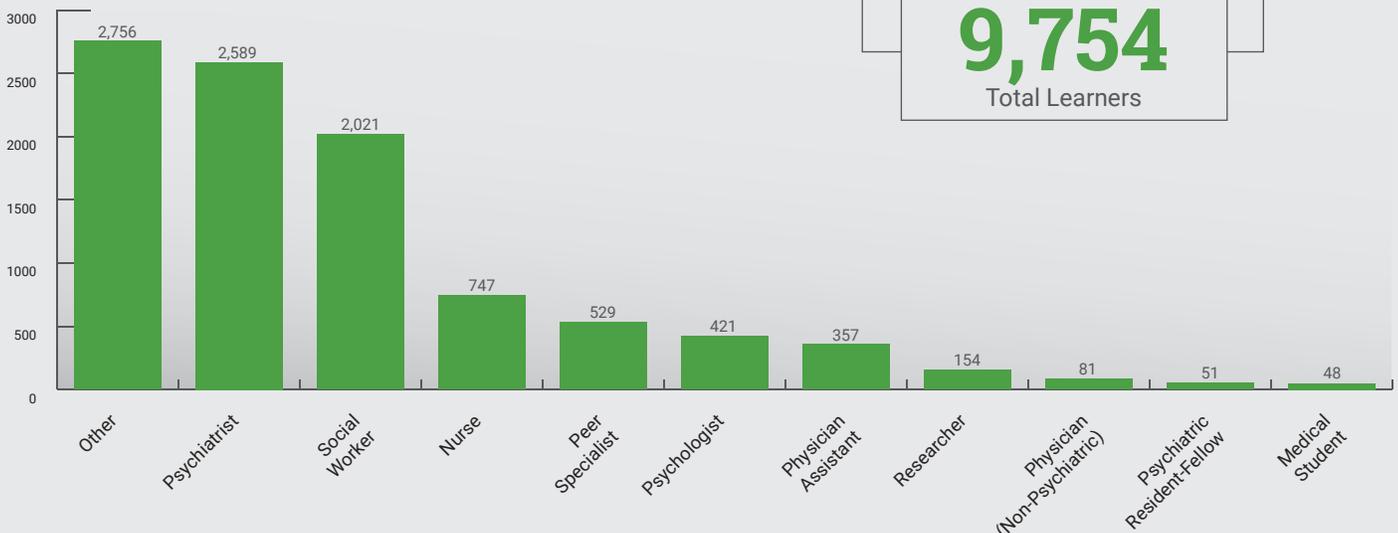
Growing Impact: A Look at Key Project Metrics

Our initiative is geared to capture multiple layers of data to demonstrate its impact. Here is a look at key utilization metrics for SMI Adviser during 2019.

Website Data - 2019



Education Participation - 2019





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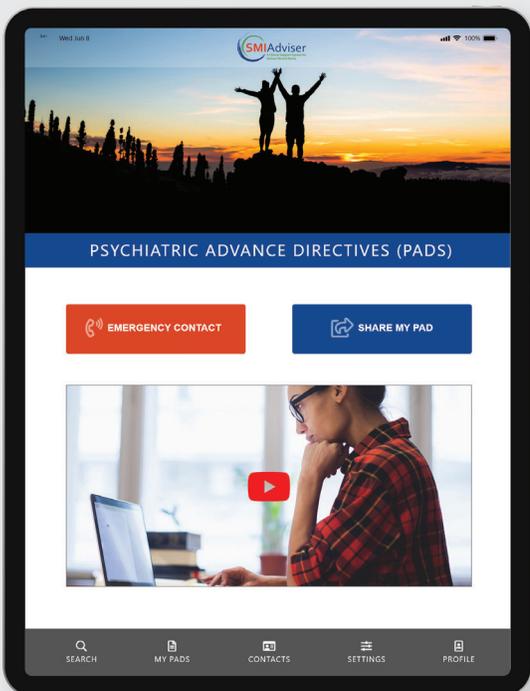


Most Popular Education - 2019

 <p>Jun 28, 2019 - Jun 28, 2020 Psychiatric Advance Directives: A Compelling Tool to Support Crisis Care</p> <p>Introduces the concept of Psychiatric Advance Directives (PADs) and presents information on their potential use as well as resources to aid in implementation.</p> <p>Activity Type:  OnDemand</p> <p>1.0 CME / 1.0 CE / 1.0 CNE-NCPD</p> <p>VIEW DETAILS</p>	 <p>Sep 26, 2019 - Sep 26, 2022 Zero Suicide: Taking a Systems Approach to Suicide Prevention in Health...</p> <p>An overview of the Zero Suicide framework and its core elements, including key clinical, organizational, and continuous quality improvement components.</p> <p>Activity Type:  OnDemand</p> <p>1.0 CME</p> <p>VIEW DETAILS</p>	 <p>Jan 1, 2018 - Dec 31, 2020 Ketamine for Treatment-Resistant Depression</p> <p>Review the results of randomized trials of intravenous or intranasal ketamine for treatment-resistant unipolar and bipolar major depression.</p> <p>Activity Type:  OnDemand</p> <p>0.5 CME</p> <p>VIEW DETAILS</p>	 <p>Jun 1, 2018 - Dec 31, 2020 Evaluating Adverse Drug Effects</p> <p>Focuses on recognizing clinical predictors of adverse drug effects and methods to assess and minimize their impact on treatment outcomes</p> <p>Activity Type:  OnDemand</p> <p>0.5 CME</p> <p>VIEW DETAILS</p>	 <p>Feb 14, 2019 - Feb 14, 2022 Cognitive Behavioral Therapy for Psychosis: Understanding the Basics</p> <p>Orientation to the application of CBT to psychotic symptoms and disorders, its evidence base, and the core principles and techniques of the...</p> <p>Activity Type:  OnDemand</p> <p>1.0 CME</p> <p>VIEW DETAILS</p>
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[SEE ALL OUR EDUCATION](#)

Psychiatric Advance Directives Mobile App



In April 2020, SMI Adviser plans to debut a new mobile app that allows individuals to create their psychiatric advance directives (PAD).

Our app will help clinicians, individuals and family members understand all the facets involved with PADs. The app will provide a detailed, step-by-step walkthrough to complete a PAD, and will allow individuals to easily access their PAD during a mental health crisis.

Development of the PAD app is funded through a Supplemental Award that SMI Adviser received in Fall 2019 from the Substance Abuse and Mental Health Services Administration (SAMHSA).

Stay tuned for more information in the Spring!



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Jan 20, 2020 - Apr 12, 2020
Learning Collaborative: Getting Started Building Your Clozapine Practice
 This 12-week interactive course is appropriate for clinicians who want to prescribe more clozapine or build a clozapine program that they will direct.
Activity Type:
 OnDemandPlus
 12.0 CME
[VIEW DETAILS](#)

Jan 6, 2020 - Mar 29, 2020
Learning Collaborative: Getting Started With Telemental Health for SMI
 This 12-week, interactive learning experience is designed to give you knowledge and skills to feel confident and ready to begin offering virtual care for SMI patients.
Activity Type:
 OnDemandPlus
 12.0 CME
[VIEW DETAILS](#)



Virtual Learning Collaboratives for Clinicians

In Fall 2019, SMI Adviser launched a series of Virtual Learning Collaboratives. These 12-week, in-depth, interactive learning collaboratives are guided by members of our Clinical Expert Team. Clinicians can participate in group calls, dynamic projects, interactive discussion boards, and more. It helps build actionable skills with real-world, project-oriented learning alongside colleagues who share the same interests in SMI.

Learning collaboratives run throughout the year and cover a variety of topics around SMI: building a clozapine practice, getting started with telehealth, infusing quality improvement into your peer support program, psychiatric mental health nursing assessment, symptom and functional assessment, and more.

Registration opens soon for our next learning collaborative in February.



Implementing Tools for Symptom and Functional Assessment for those with SMI
Starts in February 2020
 Joseph Ventura, PhD, University of California, Los Angeles



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On-Demand Webinar Series: Criminal Justice

Individuals with SMI can live full and successful lives. Yet, an individual's risk for poor outcomes is higher when they have been involved with the criminal justice system.

Results from our national needs assessment echo these facts. In that survey, mental health clinicians expressed a clear interest in education on SMI and criminal justice.

SMI Adviser is proud to offer education that helps advance evidence-based solutions to this challenge. Access our on-demand webinar series that takes a deeper look at the intersection between SMI and the justice system.



OnDemand



Dec 20, 2019 - Dec 20, 2022

Supporting Clients Who Have Been Justice-Involved

Review challenges and approaches for working with clients who have been justice-involved to reduce criminal recidivism.



Nov 21, 2019 - Nov 21, 2020

What Happens When Your Patient with SMI is Arrested?

Walks through steps of the process and focuses on the mental health care that might or might not be available as well as pathways in the forensic system the individual may take.



Oct 18, 2019 - Oct 18, 2020

Introduction to the Interface between Serious Mental Illness and the...

Examine elements of the criminal justice system and reform strategies to decrease the incarceration of individuals with SMI .

[CLICK HERE TO VIEW THE SERIES](#)

Introduction to the Interface Between Serious Mental Illness and the Criminal Justice System: Strategies for Realigning Patients Towards Treatment

Learn about the primary models to help decrease the population of people who have SMI in the criminal justice system.

What Happens When Your Patient with SMI is Arrested?

Learn about various aspects of what happens when an individual with SMI is arrested.

Supporting Clients Who Have Been Justice-Involved

Learn about the numerous challenges that individuals who have SMI face after involvement with the criminal justice system.



Faculty: Debra Pinals, MD, Director of the Program in Psychiatry, Law, and Ethics, University of Michigan Medical School



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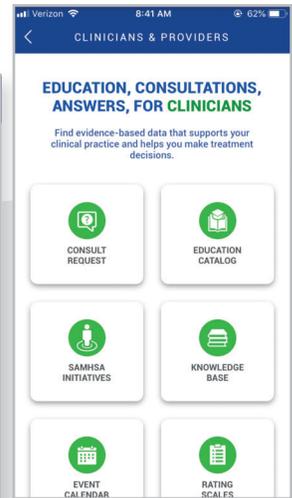
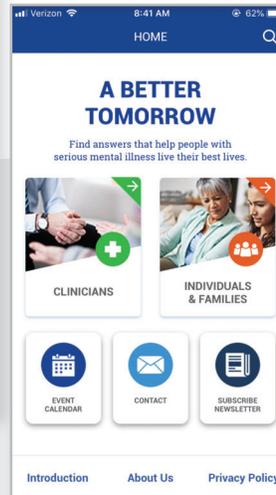
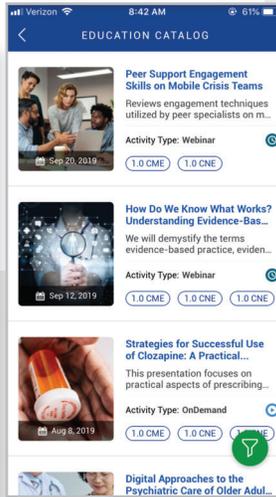


SMI Adviser Mobile App: Easy access to education, consultations, answers and more

Make sure you find the answers you need when you work with individuals who have SMI. No matter where you are, the SMI Adviser App puts all the features of our website in the palm of your hand.

- ✔ Use clinical rating scales and get insights you can use right away – PHQ-9, GAD-7, DAST-10, PROMIS Global Health v1.2
- ✔ Submit questions and track responses from SMI Adviser clinical experts
- ✔ Easy access to dozens of online courses in our Education Catalog
- ✔ Browse our online Knowledge Base including hundreds of questions, answers and resources

Mobile App



DOWNLOAD THE SMI ADVISER APP

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Update on SMI Adviser Centers of Excellence

As part of our work to promote evidence-based care, SMI Adviser established three Centers of Excellence (COE) that provide direct access to free resources, education, consultations, and tools on important topics around SMI. The COEs are led by members of our Clinical Expert Team alongside several organizations on our Advisory Board. Each COE provides mental health clinicians with one-stop access to evidence-based answers on these topics.

Clozapine Center of Excellence

VISIT

Partnership to Advance Assisted Outpatient Treatment

VISIT

Long-Acting Injectable Center of Excellence

VISIT

New White Paper on Assisted Outpatient Treatment

Individuals who have SMI face enormous disparities. Yet there is a subset who suffer with even greater challenges – those who are unwilling or unable to voluntarily engage in treatment.

In Fall 2019, SMI Adviser partnered with the Treatment Advocacy Center (TAC) to develop a white paper on Assisted Outpatient Treatment (AOT) that is available for download.

Evidence demonstrates that AOT can help prevent issues such as re-hospitalization and re-arrest. Our white paper helps advance the use of AOT with guidance on how to develop, launch and maintain a sustainable AOT program.

SMI Adviser also plans to debut a series of online modules on AOT in the spring of 2020. Stay tuned!



SEE THE WHITEPAPER



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A Case for Consults – and Consults for Cases

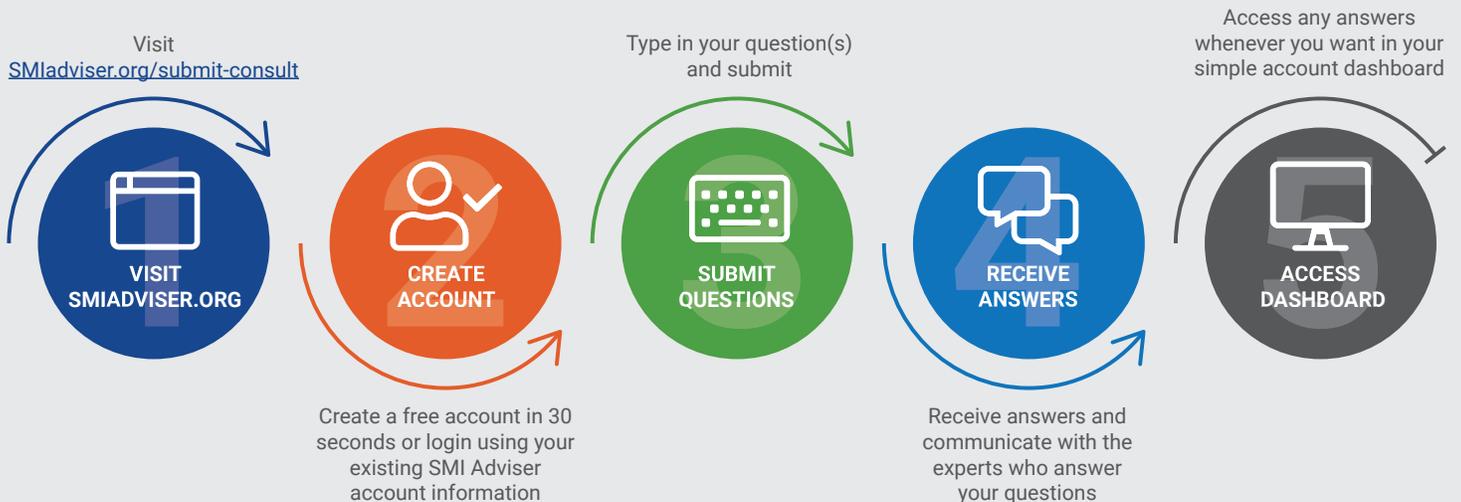
SMI Adviser offers a unique, hands-on, personalized service to all mental health clinicians: FREE consultations.

This service is led by our Clinical Expert Team – a purposefully selected roster of national experts in SMI.

<p>Tristan Gorrindo, MD</p> <ul style="list-style-type: none"> Principal Investigator American Psychiatric Association 	<p>Amy N. Cohen, PhD</p> <ul style="list-style-type: none"> Associate Director American Psychiatric Association 	<p>Teri Brister, PhD, LPC</p> <ul style="list-style-type: none"> SMI Patient and Family Engagement Expert National Alliance on Mental Illness
<p>Ben Druss, MD</p> <ul style="list-style-type: none"> Business practices and health system implementation Emory University 	<p>Patrick Hendry</p> <ul style="list-style-type: none"> SMI Recovery and Peer-to-Peer Engagement Expert Mental Health America 	<p>Donna Rolin, APRN, PhD</p> <ul style="list-style-type: none"> SMI Nursing Expert University of Texas, Austin
<p>John Torous, MD, MBI</p> <ul style="list-style-type: none"> SMI Technology Expert Harvard Medical School 	<p>Joseph Ventura, PhD</p> <ul style="list-style-type: none"> SMI Psychologist Expert University of California, Los Angeles 	<p>Alexander S. Young, MD, MSHS</p> <ul style="list-style-type: none"> SMI Physician Expert University of California, Los Angeles

When you send in a question through our free consultation service, a member of our CET responds to you personally within one business day. They quickly research answers to all questions, whether simple or complex. They provide guidance using evidence-based data, tools and resources. And they save you time, help translate concepts to actual care, and deliver the best possible answers you can find.

How to Use This Service





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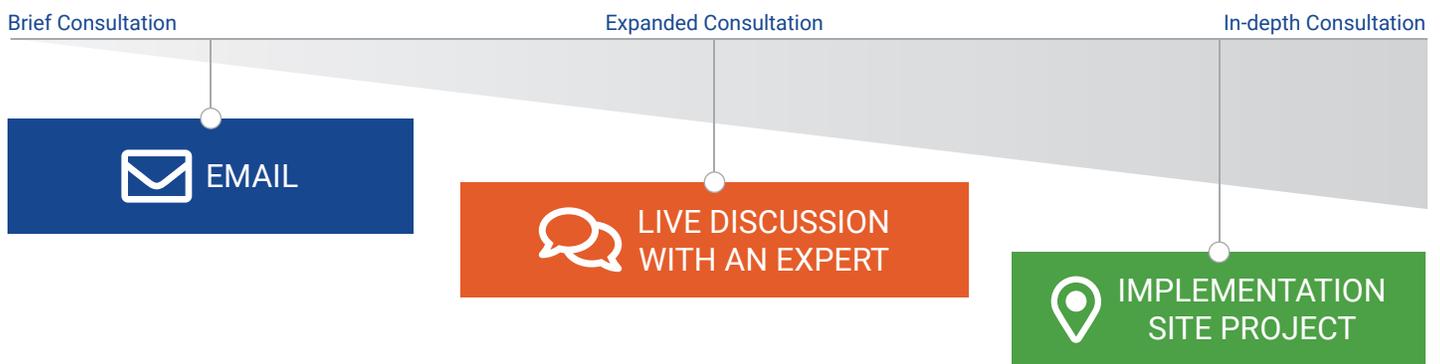
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A Case for Consults – and Consults for Cases (continued)

This service complements your experience and knowledge, and it supports any tools and systems that your organization has in place. Our Clinical Expert Team can help you use the best evidence to guide decisions, no matter what your clinical goals are.

Here are examples of how our free consultation can meet important needs for organizations of all sizes.



Brief Consultation – email-based exchange to answer basic questions from individual clinicians

“What are the best smartphone apps for individuals who have SMI?”

“Where can I find fact sheets on SMI for my patients?”

Expanded Consultation – live discussion to discuss complex questions and multi-layered issues

“What are my next treatment options if my patient with schizophrenia doesn’t respond to first-line therapy?”

“What are the best ways for our suburban practice to address care transitions for individuals with SMI?”

In-Depth Consultation – on-site project to help an organization or health system address a population or practice need

“How can we systematically increase the number of our clients who have a Psychiatric advance directive?”

“What steps should our health system take to monitor individuals with SMI who move back into the community, and how should we deliver the supports they need to sustain independent living?”

[LEARN MORE ABOUT CONSULTATIONS](#)



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Find Answers in Knowledge Base

The SMI Adviser Knowledge Base is a searchable online database that provides 900+ questions, answers and resources around SMI. Our website offers versions of the Knowledge Base for both [Clinicians](#) and [Individuals and Families](#).

You can search by topic area, or simply type something into the main search bar. Find question-and-answer results, fact sheets, medication guides, and much more.

All information in the Knowledge Base is reviewed and approved by members of our Clinical Expert Team. So you can trust that it is reliable and evidence-based.

Popular Knowledge Base Content



What is alogia, anhedonia, avolition, and affective flattening?

[VIEW TOPIC](#)



How do I interpret clozapine or norclozapine blood, serum or plasma levels, what do these mean?

[VIEW TOPIC](#)



What are available practice guidelines for depression / major depressive disorder?

[VIEW TOPIC](#)



If marijuana is legal, is it ok for patients with serious mental illness to use it?

[VIEW TOPIC](#)



What is Cognitive-Behavioral Therapy for Psychosis (CBTp)?

[VIEW TOPIC](#)

[VISIT KNOWLEDGE BASE](#)



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Take Action! Use the SMI Adviser Partner Action Toolkit

Join with us to raise awareness for SMI Adviser and help ensure that your practice or organization uses evidence-based care. Use our Partner Action Toolkit to share information about SMI Adviser’s free services with your colleagues.

This toolkit has everything you need to take action. It contains logos, flyer and materials, presentations, social media posts, newsletter blurbs, and more. Simply download the files you need. Thank you for helping us reach as many professionals as possible.



SEE THE TOOLKIT

SAMHSA Partner Spotlight: Prevention Technology Transfer Center (PTTC)

This section highlights other programs and resources from the Substance Abuse and Mental Health Services Administration (SAMHSA)

The purpose of the PTTC Network is to improve implementation and delivery of effective substance use prevention interventions. This collaborative network offers training and technical assistance services, and develops and disseminates tools and strategies to improve the quality of substance use prevention efforts. The PTTC Network team provides intensive technical assistance and learning resources to prevention professionals to improve their understanding of prevention science, epidemiological data, and implementation of evidence-based and promising practices.

LEARN MORE ABOUT THE PTTC





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FREE Webinar on February 7

Join us for a very relevant upcoming webinar that provides insights on how to build collaboration across professions. This is an important topic for all levels of any mental health practice or organization. When teams come together, their ability to work toward health and wellness for service participants, families, and communities are stronger than any individual efforts. In addition, effective teamwork can lessen workforce burnout and turnover.



Webinar

The Work is Only as Good as the Team: Strategies for Developing a Strong Interprofessional Team Collaboration

February 7, 2020 | 12:00 PM - 1:00 PM EST

[REGISTER NOW](#)

On the Road: 2020 Conferences

During early 2020, look for members of the SMI Adviser Clinical Expert Team as they lead sessions during these mental health conferences.



American Association of
Directors of Psychiatric
Residency Training

American Association of Directors of Psychiatric Residency Training (AADPRT) 2020 Annual Meeting

March 4-7 – Dallas, TX

Session topics:
Psychiatric advance directives



American Psychiatric Association (APA) 2020 Annual Meeting

April 25-29 – Philadelphia, PA

Session topics:
Violence risk assessment;
Long-acting injectables; Peers
and technology; Clozapine;
Psychiatric advance directives;
Cognitive assessments

**aapa
2020**

NASHVILLE MAY 16-20

American Academy of Physician Assistants (AAPA) 2020 Conference

May 16-20 – Nashville, TN

Session topics:
Providing care for those with
SMI prior to specialty care

GRANT STATEMENT

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